

WARNING TO STUDENTS AND PARENTS

Many forms of athletic competition result in violent physical contact among players, the use of equipment which may result in accidents, strenuous physical exertion, and numerous other exposures to risk or injury.

Students and parents must assess the risks involved in such participation and make their choice to participate in spite of those risks. No amount of instruction, precaution, or supervision will totally eliminate all risk of injury. The obligation of parents and students in making this choice to participate cannot be over-stated. There have been accidents resulting in death, paraplegia, quadriplegia, and other very serious permanent physical impairment as a result of athletic competition.

By granting permission for your student to participate in athletic competition, you, the parent or guardian, acknowledge that such risk exists.

By choosing to participate, you, the student, acknowledge that such risk exists.

Students will be instructed in proper techniques to be used in athletic competition and in the proper utilization of all equipment worn or used in practice and competition. Students must adhere to that instruction and utilization and must refrain from improper uses and techniques.

As previously stated, no amount of instruction, precaution, and supervision will totally eliminate all risk of serious, catastrophic, or even fatal injury.

If any of the foregoing is not completely understood, please contact your school principal for further information.

Instruction: Sign below, make one copy for your records, and return the original with your student on athletic check-in day.

Student's Name _____ Sport(s) _____
 Grade _____ DOB _____

This will acknowledge that we have read and understand the material contained in the NOTICE TO ATHLETES AND PARENTS/GUARDIANS

Student Signature _____ Date _____
 Parent/Guardian Signature _____ Date _____

PERMISSION FOR MEDICAL TREATMENT:
 In the event of an emergency requiring medical attention, I hereby grant permission to a physician or the hospital personnel to attend my son/daughter. I expect every effort will be made to contact me in order to receive my specific authorization before any treatment or hospitalization is undertaken.

 Date Signature of Parent/Guardian



**2009-2010
 HIGH SCHOOL ATHLETIC PROGRAM
 AUTHORIZATION FOR ATHLETIC PARTICIPATION**

Name _____ Grade 9 10 11 12
 School _____ Sport _____
 Address _____ Phone _____
 Name Parent/Legal Guardian _____
 Previous High School Attended _____

In compliance with the school district requirement that every student participating in the organized athletic program shall be covered by appropriate medical/accident insurance or a guarantee of financial responsibility by the parent or guardian for any injury or accident which may occur during participation in the athletic program, I hereby certify that the above named student has the following insurance coverage:

_____	_____	_____
(Name of Insurance)	(Type of Insurance)	(Amount of Coverage)

or I hereby certify that I assume full and complete financial responsibility relative to any injury or accident occurring during participation in the athletic program.

Date _____ Signed _____
 (Parent/Guardian)

PHYSICIAN'S STATEMENT

I certify that I have on this date examined this student and that the student was found physically fit to engage in secondary school BASEBALL, BASKETBALL, CROSS COUNTRY, FOOTBALL, GOLF, GYMNASTICS, LACROSSE, SOCCER, SOFTBALL, SWIMMING, TENNIS, TRACK AND FIELD, VOLLEYBALL, AND WRESTLING. (Please cross out any sport in which the student should not participate.)

DATE OF EXAMINATION _____ DOB _____
 SIGNED _____ DATE _____
 Physician's Signature

SUMMARY INFORMATION FOR PHYSICIANS

No pupil shall represent his/her school in interschool athletics until there is an authorization on file with the athletic director or principal, signed by parents/legal guardian. A practicing physician will certify that he/she has passed an adequate physical examination within the past year; that in the opinion of the examining physician he/she is physically fit to participate in high school athletics; and that he/she has the consent of his parents or legal guardian to participate.

If significant intervening illnesses and/or injuries have occurred, a more complete physical examination should be conducted. The physical examination form must be signed by a practicing physician/nurse practitioner/physician's assistant.

If a student athlete has been injured in practice and/or competition, the nature of which required medical attention, the student athlete will not be permitted to return to practice and/or competition until he/she has received a release from a practicing physician.

NOTE: The C.H.S.A.A. urges an adequate physical examination be given when a student athlete changes levels of competition, i.e., Little League to Middle School, Middle School to High School, etc.

PARENT OR GUARDIAN CONSENT

WARNING: Although participation in supervised interscholastic athletics and activities may be one of the least hazardous in which any student will engage in or out of school, BY ITS NATURE, PARTICIPATION IN INTERSCHOLASTIC ATHLETICS INCLUDES A RISK OF INJURY WHICH RANGE IN SEVERITY FROM MINOR TO LONG-TERM CATASTROPHIC. Although serious injuries are not common in supervised school athletic programs, it is impossible to eliminate this risk.

Participants can and have the responsibility to help reduce the chance of injury. PLAYERS MUST OBEY ALL SAFETY RULES, REPORT ALL PHYSICAL PROBLEMS TO THEIR COACHES, FOLLOW A PROPER CONDITIONING PROGRAM, AND INSPECT THEIR OWN EQUIPMENT DAILY.

By signing this permission form we acknowledge that we have read and understand this warning. PARENTS OR STUDENTS WHO DO NOT WISH TO ACCEPT THE RISKS DESCRIBED IN THIS WARNING SHOULD NOT SIGN THIS PERMISISON FORM.

I hereby give my consent for _____ to compete in athletics for Adams 12 Five Star Schools, in Colorado High School Activities Association approved sports.

Parent/Guardian Signature _____ Date _____

Student Signature _____ Date _____

NOTE: This statement will be on file in the athletic director's office for every student participating in interschool athletic competition.

ADAMS 12 Five Star Schools HIGH SCHOOL ATHLETIC CODE

The conduct of an Adams 12 High School athlete is closely observed by many people. An athlete is a representative of a team, a high school and a community. It is important, therefore, that an Adams 12 High School athlete maintain high standards in all aspects of adolescence and young adult life. Since participation in athletics is a privilege, not a right, maintenance of such high standards as are reflected in the superintendent's operating procedures and a school's policy/procedure is a condition of team membership and participation. ***Failure to maintain such standards may result in an athlete's elimination from athletic participation.***

NOTE: With respect to site-based management, all schools have developed a "Discipline Matrix" that is specific to their needs, thus the consequences listed in their matrix may be more severe than what is listed. Any serious breach of school standards may result in an athlete being suspended from athletic participation for a period of time to be determined by the principal or designee.

AS AN ADAMS 12 HIGH SCHOOL ATHLETE AND PARENT/GUARDIAN, PLEASE READ THE FOLLOWING FORM, SIGN, AND RETURN IT TO THE SCHOOL.

It is understood that athletes are responsible for knowing district and school rules for proper behavior. Athletes are on notice of the following specific rules and penalties:

1. Prior to imposition of any suspension from athletics, the principal or designee (school administrator) shall have an informal conference with the athlete regarding claims that one or more rule(s) have been violated, and the athlete's response to such claim.
2. Consumption or possession of alcoholic beverages, use or possession of steroids other than as prescribed or by someone other than a person named in a prescription, use or possession of controlled substances of any kind, or of tobacco (Superintendent's Policies Codes: 4145.3, 5145.4, 5145.41), is strictly prohibited for athletes. Violation of these rules will subject an athlete to suspension from participation in athletics, in addition to other penalties imposed under law or pursuant to board or school policies, procedures, rules or regulations. (Effective for school calendar year/first day of fall practice to end of school year.)
The use or possession of tobacco, drugs, including steroids, or alcoholic beverages in any form will not be tolerated regardless of quantity. The following represent minimum sanctions for violation of this rule. In cases of greater severity, the responsible administrator may

increase the sanction up to and including suspension from school and from all interscholastic participation. Observance of all training rules involving the use or possession of tobacco, alcohol, drugs, including steroids, is a responsibility of the participant.

- The first violation will result in an immediate one-contest suspension for sports with eleven or fewer contests. For sports with more than eleven contests, the sanction will be a two consecutive contest suspension. If suspension results in an athlete missing a tournament or a qualifying contest required to advance in an individual sport, it shall count as two contests.
- A second violation occurring at any time during a student's attendance in the Adams 12 Five Star Schools will result in an immediate suspension from twice as many contests as are provided for the first violation. Where drugs, tobacco or alcohol are involved in both violations, the student must demonstrate evidence of participation in an alcohol or drug treatment program prior to returning to competition. District personnel provide these services. The parent will incur the cost of using a non-district agency.
- A third violation and any subsequent violation occurring at any time during a student's attendance at Adams 12 Five Star Schools will result in an immediate suspension from all interscholastic athletics for one full year from the date of the infraction.

Again, it is understood that the third violation of these rules will result in the athlete's suspension from participation or contact with any team involved in interscholastic activity for an indefinite period of not less than one (1) calendar year. Following the one-year suspension, participation will be subject to the determination of the school principal. In making this determination, the principal shall be guided by considerations regarding the impact of the violation on the overall school program, the attitude of the athlete regarding the violation, the behavior of the athlete during the period of suspension, and such other factors as may relate to the well-being of the individual athlete and the entire school program.

Participants are expected to conduct themselves in a commendable manner at all times in the school, the classroom, during interscholastic activities, and toward opponents, officials and spectators. Furthermore, the following behavior will not be tolerated: hazing, verbal abuse, including repeated use of lewd or obscene comments; ethnic or racial slurs; or derogatory statements addressed publicly to others that precipitate disruption to the school programs; or any intimidation on the basis of race, disability, religion, national origin, or gender.

Participants who violate this contract may be required to attend all practices, if not suspended from school, but may not dress in team uniform or compete in any performances or interscholastic competitions while suspended from school. For athletic contract purposes, scrimmages are not considered contests.

An athlete, who has been determined to be in violation of this code at the school, may be granted an appeal to a district-wide committee comprised of (1) one high school building principal, (2) two high school athletic directors and, (2) two athletic coaches, one from the building of the complainant. This committee will be chaired by the district athletic director.

Students, who violate this participation contract out of season, including summer months, are subject to disciplinary action at the beginning of the next competitive season in which they participate. This contract is in effect from the signing date until the student officially graduates or transfers to another school outside of the District.

We have read and we thoroughly understand the rules given above regarding the conduct of an Adams 12 high school athlete. We understand that these rules are important in helping the student become a good athlete and a good citizen with a high sense of moral integrity, a competitive spirit, and the ability to be honest and forthright in all endeavors. We understand and agree to abide by these rules.

Student Signature _____ Date _____

Parent/Guardian Signature _____ Date _____